Kala DeHaan-Hill, MS, WHCNP

CERTIFIED NURSE PRACTITIONER

2301 Ohio Dr #136 Plano, TX 75093

Kala earned her bachelor's degree as a Registered Nurse from the University of Texas Health Science Center at San Antonio in 2002, followed by her master's degree as a Women's Health Nurse Practitioner from Texas Woman's University in 2007. Kala holds an advanced certification in hormones with World Link Medical. She has expertise in the fields of Women's and Men's Health, PCOS, Thyroid Dysfunction, Bioidentical Hormones, Weight Loss, ThermiVa, ThermiSmooth, Gut Testing, Cosmetic Fillers and injectables.

Currently, Kala is treating patients at her Concierge Medical Practice, Pink Link Medical located in Plano, Texas. Kala's approach is based on individualized care centered around integrative and preventive medicine. Kala spends an hour or more with each patient, focused on identifying the root cause instead of "putting a bandaid" on the symptoms. The treatment plan is customized for each patient and includes bioidentical hormones, a nutrition plan, supplements and an exercise plan. Many of Pink Link Medical patients come from referrals from other patients, a testament that her treatment plans are making a positive impact on their lives.

In order to stay up to date in her field, she maintains a professional membership with the Sigma Theta Tau International Honor Society of Nursing, The North Texas Nurse Practitioners and the Association of Women's Health, Obstetric and Neonatal Nurses.

Kala has dealt with issues of PCOS, Hypothyroidism, Ehler Danlos Syndrome, POTS Syndrome, Infertility, etc., so she understands first-hand how it feels to be a patient and not feel well. Kala volunteers as a Training Assistant (TA) and sponsors people through the Non-profit Pathways Core Training. In her spare time, Kala enjoys spending time with her husband and two young sons.

Top Nurse Practitioner in Texas

EDUCATION:

- Bachelor's Degree: University of Texas Health Science Center at San Antonio
- Master's Degree: Texas Woman's University

EXPERTISE:

- Women's and Men's Health
- PCOS
- Thyroid Dysfunction
- Bioidentical Hormones
- Weight Loss
- ThermiVa
- ThermiSmooth
- Gut Testing
- Cosmetic Fillers
- Injectables

MEMBERSHIP:

- Sigma Theta Tau International Honor Society of Nursing
- The North Texas Nurse Practitioners
- The Association of Women's Health, Obstetric and Neonatal Nurses