



Catherine Vieira, BSN, RN, CCE

CERTIFIED CHILDBIRTH EDUCATOR

 2669 North Scenic Drive, Alamogordo, NM 88310

Catherine is a registered nurse and a certified childbirth educator who is retired from practice. During her active years in practice, she was affiliated with Partnership for Maternal & Child Health of Northern New Jersey in Newark, New Jersey & Mountainside Hospital in Glen Ridge, New Jersey.

In 1993, Catherine earned her nursing degree from Mountainside Hospital School of Nursing. Years later, in 2007, she obtained her Bachelor of Science in Nursing (BSN) degree from Thomas Edison State University in Trenton, New Jersey.

In addition to attaining membership status with the International Society of Addiction Nursing, she is the proud recipient of the March of Dimes Nurse Educator Award.

Catherine was a nurse educator and coordinator for the Fetal Infant Mortality Review Program during her employment at the Central Jersey Family Health Consortium. She has spoken on a local and regional level on topics regarding methadone treatment, maternal/child nursing, perinatal addiction, and postpartum depression. She has also lectured at St. Peters in New Brunswick and at Capital Health in Trenton regarding methadone treatment and its effects. Furthermore, she has had an article on methadone and pregnancy published in Nursing Spectrum and an article regarding postpartum depression published in another medical journal.

On a more personal note, Catherine is married. She attributes her successful career to the support of her husband who encouraged her to follow her path when she told him that she wanted to become a nurse after having two children. She also credits her phenomenal instructors at Mountainside Hospital School of Nursing for her success in nursing, as well as the wonderful support of her coworkers and supervisors throughout her career. According to Catherine, her education and her colleagues provided her with the foundation and support for her to succeed.

EDUCATION:

- Nursing Degree: Mountainside Hospital School of Nursing
- Bachelor's Degree: Thomas Edison State University

MEMBERSHIP:

- International Society of Addiction Nursing

AWARDS:

- March of Dimes Nurse Educator Award

TOP REGISTERED NURSE
in New Jersey