



**Helen Shirley Ann
Fuller-Murphy, PMHCNS**

PSYCHIATRIC AND MENTAL
HEALTH CLINICAL NURSE
SPECIALIST

 9601 Steilacoom Blvd SW, Lakewood, WA 98498

Helen is an adult psychiatric and mental health clinical nurse specialist who is retired from practice. During her active years on the job, she worked at Western State Hospital in Lakewood, Washington.

Western State Hospital is one of the largest inpatient psychiatric hospitals west of the Mississippi with more than 800 beds and 2,500 employees. It provides services to individuals in 20 western Washington counties, with a mission to promote recovery and well-being in partnership with the people they serve.

In the early days of her academic career, Helen earned her nursing degree focused on psychiatric/mental health nursing from the University of Washington. She then went on to obtain her Bachelor of Science in Nursing (BSN) degree from Pacific Western University, followed by her Master of Science in Nursing (MSN) degree from the University of Washington. In 1986, she published an article addressing the topic of severe mental health disabilities.

EDUCATION:

- Nursing Degree: University of Washington
- Bachelor of Science in Nursing Degree: Pacific Western University
- Master of Science in Nursing Degree: University of Washington

EXPERTISE:

- Psychiatric Nursing
- Mental Health Clinical Nursing

AWARDS:

- Top Nurse in Washington - 2020

**TOP PSYCHIATRIC AND MENTAL HEALTH
CLINICAL NURSE SPECIALIST**

in Washington